

Sangudo Community School

○ 31

○ MAY

○ 2023

Message from the Principal

It's hard to believe we are already at the end of May. It was a busy month at SCS for students and staff. The month started with our 6-9 students heading into Edmonton to attend the Alberta Skills Canada exhibition. It was a great opportunity for all students to be exposed to the many different trades and skill sets of our workforce in Alberta.

Our very generous Parent Association treated all the students and staff to smile cookies for the annual Hats On to Mental Health Day. They continued their generosity by providing the staff with a wonderful lunch for staff appreciation day. Just another reason to be thankful for our parent community here at SCS.

We held our volunteer tea where students and staff were able to recognize those volunteers that contribute to our school in so many ways. Up next, the Dessert Theatre production was a huge success. Many thanks to Mrs. Hagman and Mrs. Kerr and of course our wonderful student actors who made us all laugh with their performance.

The grade 9 students also wrote Part A of their Language Arts Provincial Achievement Test this past month. The rest of the exams will take place at the end of June.

The GCAA track meet was recently held and all the students that participated did very well and demonstrated great sportsmanship. A special nod to our four SCS students that qualified for zones: Julian Wegewitz, Haiden Muldoon, Katrien Bakos and Nova Lee Cole. These athletes will be off on June 6 to the zone meet.

It will be a very busy last month of the year as students and staff prepare for the end of the year. Junior high students will be studying hard for final exams. Other classes will be finalizing their learning outcomes. Ensuring students get adequate rest and a healthy breakfast on days of exams will help contribute to success.

Acting Principal
Mike Tavaroli

We're on the Web!
sangudoschool.ca



Northern Gateway
Public Schools

Love the Child You Have

From the moment we meet our child, visions of all their potential begin dancing in our minds. We visualize what they will look like, what their profession will be, or where they will live. We can't help but dream of how tall they will be, what talents they will have, the places they will go, mountains they will climb, and the difference they will make!

Then it happens, as it should, these little humans who we thought we could mold into whatever we wanted, become different than what we intended. They develop their own thoughts, opinions, hopes, dreams and goals.

We may discover the child whom we dreamed would become a doctor, lawyer or engineer does not want to pursue post secondary.

Or they have a diagnosis that has made learning difficult.

Or the one we fantasized about being a professional athlete detests sports and competition.

Or they make choices with their friends that hurt others or themselves.

Or we hear a doctor give a diagnosis that will forever alter our child's life.

Or we read a psychological assessment that says our child has a mental illness.

Or a moment in time changes their trajectory, if only temporary, that will see them with a criminal record or requiring treatment for an addiction.

**One of the most profound lessons I have learned as a mother is to
parent the children I have, not the ones I wished I had.**

Now hear me out, I am not saying that we just let go of the wheel and allow our children to do whatever they want. They will always need us to set limits, provide guidance and safe boundaries. This will always be a requirement of good parenting, no matter the age of our children. We need to be the unwavering North Star to help them navigate life.

There is, however, a delicate balance in providing the right amount of direction with the right amount of freedom which essentially allows our children to have confidence to become their authentic self.

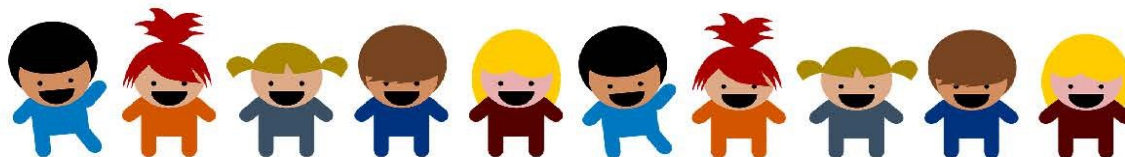
**My parenting changed when I understood that
letting go of my (sometimes unrealistic) expectations was actually a grieving process.
It was a loss that I needed to come to terms with and
imperative that I work through it similar to how I would walk through any other loss.**

When we can understand and appreciate that process, we will find peace in how we view our children. It is in accepting **AND** embracing all our children's strengths and challenges that we will see them in their true light.

It is in this space, I believe, that our children will genuinely feel loved by us and in turn, they will learn to love and accept themselves. ***Isn't that what we all want for not only our children but ourselves: to be loved, accepted and appreciated?***

This article was written by Tammy Charko BA, BSW, RSW. Tammy is Northern Gateway Public School's Student Support Facilitator. She is a support for schools, students, parents and caregivers to promote wellness and success in school. Tammy has been a Registered Social Worker for more than 24 years and is a mother to 4 children; 2 in high school and 2 in university.

Kindergarten Registration



Sangudo Community School is now accepting Kindergarten Registration for the 2023-2024 School Year

If your child will be 5 by December 31, 2023

Kindergarten Registration forms available online at the Sangudo
Community School website or NGPS website

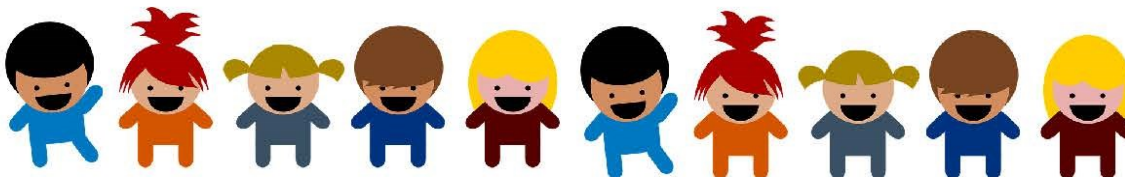
Forms can also be picked up at the office

Please contact the school as soon as possible if you intend to
register your student with Sangudo Community School

780-785-3431

***** A copy of your child's birth certificate is required.**

As well, proof of residence for example utility bill with your
legal home address (blue sign or street address)



June 2023.

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

Crazy Hat Day

Beach Day

Elementary Fun
Sports Day
Hot Lunch

Gr 9 PAT -
Math Part A

Gr 9 PAT -
Math Part B
Kinder Grad



Last Day for
Students!

Year End BBQ, 28
Awards &
Grade 9
Farewell



Gr 6 PAT -
Social Studies
Gr 9 PAT -
Social Studies

Gr 6 PAT - Science
Gr 9 PAT - Science

Gr 6 PAT -
Social Studies

